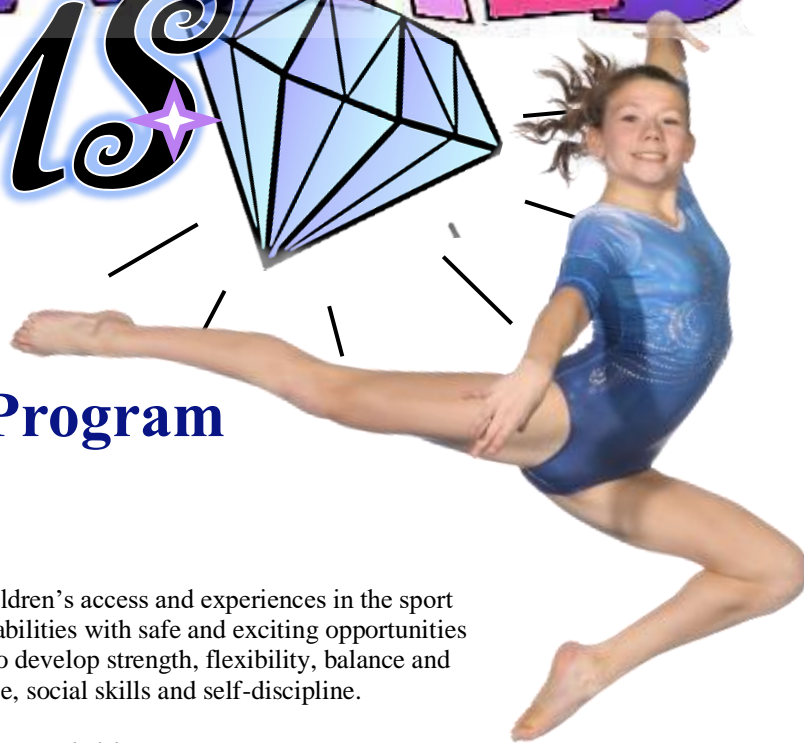


# GYM WORLD

## GEMS



## Advanced Gymnastics Program

from **GYM WORLD** INC.

At Gymworld, our mission has always been to expand children's access and experiences in the sport of gymnastics. We aim to provide children of all ages and abilities with safe and exciting opportunities to participate in gymnastics activities which allow them to develop strength, flexibility, balance and co-ordination as well as concentration, persistence, social skills and self-discipline.

*Don't we all want this for our children?*

## Introducing our **Gymworld Gems** Program!

This is a contemporary stream of Gymworld programming available by invitation or assessment only. Blending the best of our advanced (recreational) and competitive programs, the Gymworld Gems allows eager young gymnasts to train in Women's Artistic Gymnastics (WAG) in a way that is more flexible and inclusive than ever before.

**Gymworld Gems is ideal for girls who want to learn at an accelerated pace, hone and develop their skills, experience the "team" ethic, and perform their own routines. With extended gym time, additional training sessions, and quality instruction, Gymworld Gems offers the advantages of competitive training within a recreational program.**



- ✓ Exceptional, competitive-caliber coaching
- ✓ Flexible training options
- ✓ Additional gym time
- ✓ No additional fees or commitments\*

\*Excluding the annual \$40 +HST Membership fee, which applies to all children registered in any of our programs (exempt for all July & August Mini-Sessions)

## Does this sound familiar?

- ❖ Your daughter loves gymnastics, but wants to participate in other sports/extracurriculars throughout the year
- ❖ You can't commit to multiple competitions, volunteering or fundraising initiatives
- ❖ You want to forgo the high costs of travel, uniforms and competition fees

## Gymworld Gems has the solutions!

- ❖ Unlike traditional competitive programs, Gymworld Gems programming is available on a seasonal basis (Fall, Winter, Spring sessions and Summer Mini-sessions)
- ❖ Gymworld Gems won't require additional time commitments beyond your daughter's training schedule
- ❖ Gymworld Gems will have the opportunity to participate in showcase and/or other in-house events during our full length sessions (Fall, Winter & Spring sessions)

### Winter Session 2025 Class and Fee Information:

Please note that girls who have previously been offered a Gems spot and/or who have previously attended a session in our Gems program but who did not attend our Fall Session 2024 classes will need to be reassessed in order to be eligible to register for our Winter Session 2025 Gems classes. This is due to the fact that we have made several program changes and will need to ensure that we are offering your child the best suited class for them. If interested, please email the office to request an updated assessment.

	<b>Born (2017-2019)</b>	<b>Born (2015-2016)</b>	<b>Born (2014 &amp; earlier*)</b>	<b>Born (2015-2018)</b>	<b>Born (2013-2014)</b>	<b>Born (2012 &amp; earlier)</b>
	<b>Ruby</b>	<b>Jade</b>	<b>Sapphire</b>	<b>Ivory</b>	<b>Crystal</b>	<b>Amethyst</b>
	1	1	1	2	2	2
<b>Days/Week</b>	Tues	Mon	Mon	Mon AND Fri	Tues AND Fri	Mon AND Thurs
<b>Practice Length</b>	2 hours	2 hours	2 hours	2 hours x 2 classes	2 hours x 2 classes	2 hours x 2 classes
<b>Training Times</b>	Tues 4:30-6:30	Mon 6:00-8:00	Mon 4:30-6:30 OR Mon 6:30-8:30	Mon 4:30-6:30 AND Fri 4:30-6:30	Tues 6:30-8:30 AND Fri 6:30-8:30	Mon 6:30-8:30 AND Thurs 6:30-8:30
<b>Weekly Hours</b>	2	2	2	4	4	4
<b>Fall Session Cost</b>	\$490	\$490	\$490	\$665	\$665	\$665

\*Girls born in 2015 who will be 10 before the end of the Winter Session may be considered for the Sapphire group

Session cost refers to the price for our 14-week Winter Session. All prices are subject to HST.

Financing options may be available by arrangement through the office at [info@gymworld.ca](mailto:info@gymworld.ca).

Please reach out to the office at [info@gymworld.ca](mailto:info@gymworld.ca) to arrange an assessment for your daughter to determine acceptance and fit within the Gymworld Gems program.